



5210 45 Street Stony Plain, AB T7Z 1R5 Phone: 780-963-7366

Fax: 780-963-0341 Email: forestgreen@psd70.ab.ca

April, 2021

WELCOME BACK! We sure you hope you were able to enjoy your Spring Break...especially because there wasn't any snow this year! Although at times it has felt like this year was going to go on forever, these final three months of school are sure to fly by.

GRADE 4-6 ASSURANCE SURVEY

It's that time of year again, where our students, teachers and parents in grades 4-6 are asked to complete the Assurance Survey sent out by the Alberta Government. This data is very important as it is used to guide future planning for our school. We really do appreciate you taking the time you take to fill out this survey.

Students will complete it at school, and parents will be mailed a paper copy with a return envelope to send back completed.

COVID

Unfortunately this virus is not letting up! We are continuing to social distance at school, including during recess times. All students in grades 4-6 are required to wear masks even when seated in classrooms. They do not need to wear them during PE or while outside during recess. We noticed prior to spring break that many kids were coming without a mask. We appreciate your support in ensuring your child is bringing a clean mask each day to school.

GRADE BOOK

You can now login to your Powerschool Parent Portal to view the grades of your child's assignments that teachers have posted. As this is new for us as well as you, please do not hesitate to reach out with any questions.

As always, please do not hesitate to contact us at the school with any questions or concerns that you may have at 780-963-7366 or forestgreen@psd70.ab.ca.





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School Council & Fundraising Society

WHAT'S UP WITH THE FUNDRAISING CREW?

Questions? You can reach the fundraising team anytime at fgsfundraising@gmail.com

Help us RAISE SOME DOUGH for our school with this awesome fundraiser!

For \$10.00 you get a BOGO card to pay for 1 full price pizza and receive a 2nd menu priced pizza FREE*!!

This card can be used 12 times... that's 12 FREE pizzas for \$10!!

These cards can be used at the Domino's Pizza Stony Plain location for in store pick-up orders, with no expiry date!

These cards are available for pre-purchase on the hot lunch system https://forestgreen.hotlunches.net with payments made via e-transfer to fgsfundraising@gmail.com. Please ensure the student name and "Dominos" is in the e-transfer memo box.

The deadline for orders is April 30th online and the cards will be sent home with students by May 10th.

- March/April: Dominoes, Buy 1 Get 1 Free cards
- May: Mundare Sausage
- June: Spellathon

JOIN US for our next Virtual meeting!!! April 13th, 2021

Fundraising Meeting @ 5:15pm (Zoom Link will be sent out)

Parent Council Meeting @ 6:30pm via Google Meets. Link: meet.google.com/bev-jzuf-una Should you have any questions, feel free to contact us at fgsfundraising@gmail.com.

Feel free to attend virtually via Google Meets. Link located in the School Calendar.

New faces are always welcome!

Next Fundraising Society Meeting & School Council Meeting: Tuesday, April 13th @5:15pm & 6:30pm

General Information

Feeling Sick? Here's What to Do - UPDATE

• Please click on the above link for directions on what to do when your child is sick.

Parent Handbook

^{*} Equal or lesser value





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Please click <u>here</u> to view our Parent Handbook for the 2020/2021 School Year Please click <u>here</u> to view our COVID School Re-EntryHandbook.

Reporting Absences

To report an absence for your child, please email <u>forestgreen@psd70.ab.ca</u> or call and leave a message at the school office (780-963-7366). Please include the student's name, teacher (or grade), and reason for the absence in your message.

Drop-Off & Pick-UP

Please note the following important information regarding child safety and parking at Forest Green.

- 1. Bus Drop-Off is at 8:15 am
- 2. Students who are being driven or walking should plan to be here after 8:20, but before 8:30.
- 3. Supervision begins at 8:15 am, please do not drop your children off before this time as there are not adults outside to supervise.
- 4. Students will now stay outside in their zone when they arrive at school until the first bell.

Visiting Forest Green

To comply with AHS guidelines, we ask that you call the school prior to entering. When you arrive, you will be asked to sign in and fill in the COVID screening checklist. We are not permitting visitors into classrooms at this time.

Masks/COVID

Students and staff are adjusting very well to the new protocols and procedures in place because of COVID. Please ensure you are continuing to completeAt Home Screening checklist BEFORE you send your child/children to school. Please click on "What to do if you are sick" for information, should your child have symptoms. Also, please ensure all children in grades 4-6 have a mask.

2020-2021 Bell Schedule

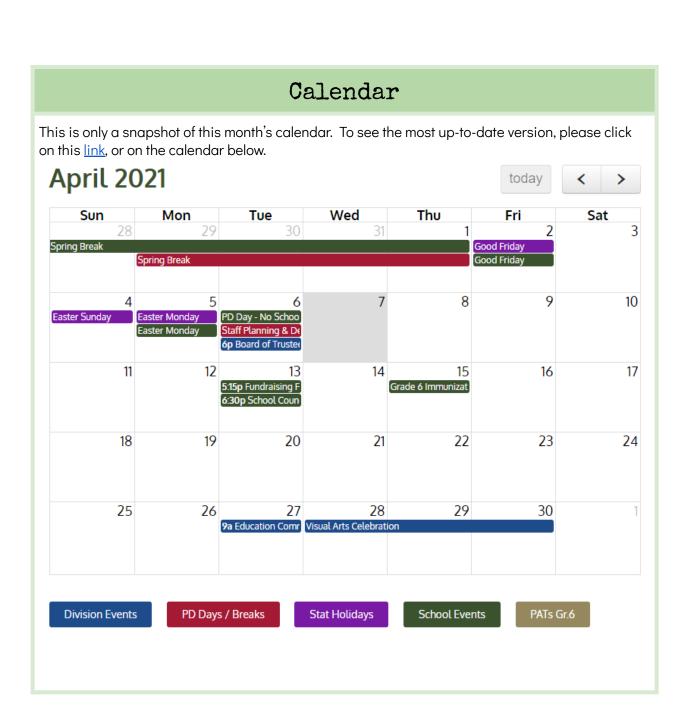
8:15am	Supervision Begins (Buses Arrive)
8:25am	Doors Open
8:30am	Welcome Bell
8:35 am	O'Canada & Announcements
8:40 am	Instruction Begins
10:25 - 10:40	Recess
11:50 am - 12:20 pm	Noon Recess
12:20 - 12:40pm	Lunch Break
12:40pm	Instruction Begins
3:05 pm	Dismissal
3:15pm	Supervision Ends





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Community Support Worker News



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Below you will find a couple of links to resources and services. As always, please feel free to contact JGoulden@psd70.ab.ca if you require more information.

The HelpSeeker app gives you access to 130k+ of community,health, and social services and enables you to provide help to those in need when they need it the most. https://helpseeker.org/ WHAT IS 211? 211 is an essential service that helpsAlbertans find the right resource or service for whatever issue they need help with, at the right time. 211 is available 24/7 by phone, text and chat. The service is free, confidential and available in over 170 languages over the phone. https://ab.211.ca/

Parent Learning Opportunities

Each month, Parkland School Division's Learning Serviceseam compiles a newsletter for parents and guardians of students. Inside you will find information, opportunities and strategies to help you and your family connect with us on your child's educational journey. This month our newsletter focuses on emotional regulation - for ourselves and for our children and teens. PSD's Stronger Together Family Newsletters

Please see some amazing...(and FREE!) online learningsessions for parents and caregivers, hosted by Alberta Health Services and the Mental Health Foundation. There are a variety of session times to meet families needs - after-school/evening hours, as well as lunch and learns.

<u>Lunch & Learn Webinars Mental Health and Resilienceries</u> For more information or to register, visit www.cyfcaregivereducation.ca

Anxiety Part 1: An IntroductionTuesday, April 6 12:00 – 1:00 pm

Mindfulness: Benefits for the Whole FamilyPart 1- Monday, April 12 12:00 – 1:00 pm

Anxiety Part 2: Calming Our BodiesTuesday, April 13 12:00 – 1:00 pm

Mindfulness: Benefits for the Whole Family Part 2 Monday, April 19 12:00 – 1:00 pm

Anxiety Part 3: Settling Our MindsTuesday, April 20 12:00 – 1:00 pm

More than Just a Bad Day: Understanding Depression Monday, April 26 12:00 – 1:00 pm

Anxiety Part 4: Overcoming Avoidance Tuesday, April 27 12:00 - 1:00 pm

<u>Parenting Strategies That Promote Positive Mentallealth</u>
<u>Caregiver Education Sessions:</u>

Test Anxiety: Strategies for Success Wednesday, April 7 6:00 – 7:30 pm



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<u>Understanding Autism</u> Wednesday, April 14 6:00 – 7:30 pm

<u>Keeping Scattered Kids on Track: Understanding and Supporting Children and Youth with ADHD</u> Wednesday, April 21 6:00 – 7:30 pm

<u>Building Executive Functioning Skills Promoting Successin Learning</u>Wednesday, April 28 6:00 – 7:30 pm

<u>Drop-In Series Mental Health and Resiliency Series</u>

<u>Settling Into Routines: Making Uncertain Times Mor@redictable</u> Thursday, April 8 6:00 – 7:30 pm <u>Giving Time and Attention to Our Big Needs</u>Thursday, April 15 6:00 – 7:30 pm

<u>Strengthening Connections With Ourselves, Our Kids, and Our Communities</u> Thursday, April 22 6:00 – 7:30 pm

Positive Communication that Promotes Growth Thursday, April 29 6:00 - 7:30 pm

For more information or to register, visit <u>www.cyfcaregivereducation.ca</u>

Stony Plain Library https://mysppl.ca/programs-and-events/virtual-events

apfa Programming:

https://www.eventbrite.ca/o/alberta-parenting-for-the-future-association-15112757928